



Self-Made Masks in association with Local Sanitizers

presents

A POST COVID LOCKDOWN

BACK TO WORK GUIDE



★ ★ ★
Gear up for Work
The Bollywood Style!



LOCKDOWN 1.0

25 Mar – 14 Apr

LOCKDOWN 2.0

15 Apr – 3 May

LOCKDOWN 3.0

4 May – 17 May

LOCKDOWN 4.0

18 May – 31 May



TAREEK PE TAREEK.. TAREEK PE TAREEK



Tareek pe tareek milti rahi hai judge sahab..
Aur ab finally – kuch raahat mil rahi hai..

Lekin, dhyaan zyada rakhna – kyonki
Picture abhi baaki hai mere dost!

It's time to get on to your
DEAR ZINDAGI



& while you do so,
here's a **back to work** guide -
Bollywood style - to get you going!
Besides follow the regular care & laws
set by our *Sarkar* against Covid-19

BACK TO WORK



THINGS TO PREP

Before leaving home for work, remember

KAL HO NA HO

hence do it now!

- ❌ Sincere *Guzaarish*, if feeling unwell, however **little**, stay home. Yes, stay home!
- ❌ Speak to your *Boss, Leader, Guru* and see if you can work from home, **all** days or **alternate** days
- ❌ If you are in a different city, before taking *The Train* or the *Highway* – assess how **critical** it is to travel





THINGS TO CARRY

When leaving home for work, remember

ZINDAGI NA MILEGI DOBARA

- 🚫 Wear a mask & with it, wear your ID, so we all know *Teja kaun hai?*
- 🚫 Carry home cooked food, remember the humble *Lunchbox* is good for you
- 🚫 Carry a handy sanitiser at all times, for its all about – *Haath ki Safai*





HOW TO GET THERE

While travelling stay alert – and be
DABANGG
of your immediate surroundings

- 🚫 If you are close to your work place:
walk the *Chaar Kadam* or *Bhaag Milkha Bhaag*
- 🚫 Try to self-drive: Solo 2-wheeler or
get the *Sholay* bike! Max 2 in a car
seated like *Do Anjaane*
- 🚫 Public Transport: *Keep Safe Distance*, avoid touching surfaces
and sanitise, once out





WHEN YOU GET THERE

Do good work but don't be seen like

MR. INDIA

- 🚫 *Salaam Namaste – Greet all*
- 🚫 *Action Replay: Cooperate to check Fever & sanitize your hands & phone*
- 🚫 *Take the staircase, avoid the lift. If in the lift, ensure distance, depending on kitne aadmi the*
- 🚫 *While your desk / work place has been cleaned already, still do your Shuddhi when Dil Chahta Hai*





WHEN AT WORK

Do what you say, & do what you dont.

ROWDY RATHORE

- ⊗ Whether Cutting Chai breaks or Lunch breaks, remember *Akele Hum, Akele Tum*.
- ⊗ It's a post lockdown office, not a *Mela* – avoid all gatherings
- ⊗ *Jaane tu ya jaane na* - long distance relationships may not work in Bollywood, at work they do. Meet virtually, even if in office!





WHEN DONE WITH WORK

End of day?

**AAJ KHUSH TOH BAHUT
HONGE TUM!**

Why not?

Just care the same way you started.
Don't get complacent at anytime.

And remind yourself to stay safe:

*Ek baar jo maine commitment kar di,
uske baad toh main khud ki bhi nahi sunta.*





SHUBH MANGAL SAAVDHAN



And finally remember,
All is well when you are well!
So, you would rather follow safety
instructions at all times and be a
TAARE ZAMEEN PAR
than become a star in the sky.
For this life, is truly your *Kahaani!*



#BrighterDaysAwaitUsAll

STAY ALERT
FOR SELF & FOR
THE GOOD OF ALL



a concept from the house of



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Bollywood Illustrations: **Sumedha**

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